

Autumn 1a – All about me

Scientific and technological understanding

E2. to apply their knowledge and understanding in their practical work

I am able to select a range of materials in order to create a model of myself.

I can decide how to cut, shape, combine and join body parts.

I am beginning to use some basic tools safely on my own.

Seasonal walk - Autumn

E4. to sort group and identify familiar living things and materials according to observable features and properties

☐ I can explore materials using the five senses and make observations.

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Historical, geographical and social understanding

I can **identify** my family members.

I can **compare** what I could do as a baby and what I can do now.

I can **understand** who my family members are and produce a family tree.

I can **recount** significant events in my own lifetime in (chronological) order.

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Physical Development, Health and Wellbeing

E13. to know about the benefits of regular exercise and how their bodies feel when they exercise

I know I must exercise to stay healthy.

E14. to know why healthy eating and physical activity is beneficial

I know that I must eat a balanced diet to stay healthy.

I can talk about which foods are good and bad for me.

E15. to make healthy eating choices and prepare simply healthy foods

I can make a healthy snack.

E17. to know about the simple physical changes to their bodies they have experience since birth and the similarities and differences between people

I can produce a human life cycle.

I can talk about the changes in body as people get bigger and older.

I can recognise similarities and differences between children in the class.

E18. to manage personal hygiene

I know I must wash my hands before touching food.

I know I must brush my teeth twice a day.

I know I must wash daily.

Understanding the arts

E1. to explore a wide range of media and materials to create artworks, improvise and depict imagined worlds, and model the real world through the arts.

I can draw and label my face.

I can draw and label my body.

I can paint a self portrait.

Speaking and Listening Opportunit

5R's: Reflective, Relationships, Resilient, Resourceful, Risk Taking

PSHE

Inquire, Research, Investigation